A's 2005 Santa Barbara Junior Lifeguards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June 27	June 28	June 29	June 30	July 1
Introductions Safe Entries Swimming Evaluation	Surf Swimming Rescue Buoy and Rescue Race	Uniforms Distributed Running Beach Tour Tower Operations	Training Day 10'6" Paddleboards	Picture Day Picture Orders Due
July 4	July 5	July 6	July 7	July 8
Observed Holiday	Mock Rescues	Boat Trip # 1	Boat Trip # 2	Inter-Squad Competition
No Junior Lifeguards		Long Run and Short Swim	Super Workout	The state of the s
July 11	July 12	July 13	July 14	July 15
A's Jalama Surf Day (Flyer will come home)	Training for	Boat Trip # 2	Relay	Carpinteria Competition
8:00 depart East Beach 6:30 arrive back	Competitions Evaluation #1	Paddle Day		9am – 2 pm (Flyer will come home)
July 18	July 19	July 20	July 21	July 22
Evaluation # 1	A & C Bonding Day	Time Trials	Relay Day	Regionals (Long Beach) or
Training for Competitions		Movie Night at Bath House		Leadbetter Day (Flyer will come home)
July 25	July 26	July 27	July 28	July 29
Code X	Code X	Boat Trip # 3	Fun Training Day	Fiesta Competition
Codo A	Circuit Training	Relays and Mock Rescues	Tan Hanning Day	At East Beach 9:00am – 2:00pm
August 1	August 2	August 3	August 4	August 5
Training Day	Stud Ironman Followed by	Game Day	Training Day	Ventura Competition 9am – 2:30pm
Evaluation #2	Kick Back Day			(Flyer will come home)
August 8	August 9	August 10	August 11	August 12
Rincon Surf Day	Pier Run Challenge	Thank You Day	Pier Swim Challenge	Last Day of J.G.'s
Drivers Needed (Flyer will come home)	- 121 11311 21 1313		- 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1	Banquet tomorrow at Chase Palm Park 2 – 5pm